To: amy Caplan < Amy@PowerCore.net>

From: "Andy Greider" <agreider@carrollwhite.com> (by way of Tracie Cole

<Tracie@PowerCore.net>)

Subject: Endorsement for Terisha Tatter Carson

To: Terisha Tatter Carson From: Andy Greider

September 12, 2005

Terisha-

It has been quite a long time since I have had the good fortune to know a great massage therapist. Thank you for being that rare entity – a great massage therapist with reasonable rates and a great attitude. So, why do I think you were wonderful?

So very few people who practice massage truly love their profession – you do. This comes through in every aspect of your work. Also, in my experience – most people know how to do one (massage) or the other (therapy) – you possess both skill sets and are highly proficient at each. In addition, you show a strong desire to understand your client's individual needs, preferences and idiosyncrasies. Once understanding those points, you take the time to explain the process you are embarking on, and what results you are seeking. You are professional in your approach, yet light hearted and fun at the same time – another rare combination.

When I came in to see you this past Friday, I had been fighting with a slow-healing, easily-aggravated shoulder and chest muscle pull for almost 3 months (but then you'd know that as you took copious notes.) I am amazed that after a single session, my shoulder and pectoral muscles, which have been a source of almost constant irritation and pain, are feeling so much better. I did the icing you recommended and applied some Arnica gel as well, and now, here it is Monday and I am back to almost 100% mobility and am virtually pain free. What a relief!

I will be back to see you again, and will be referring friends and colleagues who could benefit from your thorough approach, care and skill. Overall, experiencing your practice and methods convinced me the "Tatter-Carson Method" should be the benchmark all other therapists strive to attain. Thank you for putting me on the road to recovery and for redefining what a "good massage" can truly be.

Kindly,
Andy
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